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THE WORLD'S GREATEST COUNTRY & AMERICA'S FINEST CITY

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AID FLOWS TO NEPAL

Authorities struggle to get supplies, rescuers to remote villages

THE WASHINGTON POST & NYT NEWS SERVICE

BHAKTAPUR, NEPAL

Three days after a massive earthquake shook Nepal — killing more than 4,300 people, toppling centuries-old monuments and engulfing Mount Everest's base camp in an avalanche — the scope of the devastation is becoming clearer.

International humanitarian aid is starting to flow; Kathmandu's airport had been so overloaded by aid

and passenger planes that incoming flights sat for hours on the runway. Nepali expatriates were flying in, desperate to track down family members, and setting off down the airport access road on foot, rolling suitcases behind them.

But outside the capital, many of the worst-hit villages in the ridges around Kathmandu remain a black hole, surrounded by landslides that make them inaccessible even to the country's armed forces. Nepali authorities Monday began airdrop-

ping packages of tarpaulins, dry food and medicine into mountain villages, but an attempt to land helicopters was abandoned, said Brig. Gen. Jagadish Chandra Pokharel, an army spokesman.

The government is only gradually getting a grasp of the destruction in these isolated places. It is nearly impossible to identify which villages are most in need, and how many may be dead or injured, said Jeffrey Shannon, director of pro-

SEE **NEPAL** • A6

4 SAN DIEGANS ARE AMONG STRANDED

TERI FIGUEROA • U-T

Four San Diegans are stranded in Nepal after Saturday's massive earthquake and are running low on food, a family member said Monday.

Oscar Olea, Brigida Martinez, Kevin Krogh and Kathleen "Kat" Heldman were just a few days into a monthlong hiking expedition when the magnitude 7.8 quake struck, causing avalanches and widespread damage.

The four friends are stranded in a camp with other climb-

ers in the Kyanjin Gompa in the Langtang region, said Heldman's sister, Caroline. Desperate survivors from neighboring villages have also made their way to the camp.

Caroline Heldman said she has received updates from her sister about every 12 hours since the quake.

"They are running out of food. They have water, which is good, but they are trapped because of the avalanche," she said. "Kat reports that the ground is con-

SEE **SURVIVORS** • A6

RIOTS ROCK BALTIMORE

Guard activated as looting, fires break out after funeral of man who died in police custody



Two cars burn in an intersection near New Shiloh Baptist Church in Baltimore on Monday night. Riots erupted in the city following the funeral service for Freddie Gray, who died last week while in police custody. ANDREW BURTON • GETTY IMAGES

SHERYL GAY STOLBERG
NYT NEWS SERVICE

BALTIMORE

Maryland's governor activated the National Guard on Monday and the city of Baltimore announced a curfew for all residents as a turbulent day that began with the funeral of a man who died while in police custody ended with rioting by rock-throwing youths, arson and looting.

Fifteen police officers were injured in the violence and about two dozen people were arrested. Two officers remained hospitalized, police said.

The violence that shook the city broke out in the late afternoon in the Mondawmin neighborhood of Northwest Baltimore, where thousands mourned at the funeral for 25-year-old Freddie Gray.

Rioters threw bottles, rocks and chunks of concrete at officers who lined up in riot gear with shields deployed. They occasionally used pepper spray to keep the rioters back. For the most part, though, police relied on line formations to keep protesters at bay.

Cars were set on fire, store windows were shattered, a CVS drugstore was

SEE **RIOTS** • A5

"Too many people have spent generations building up this city for it to be destroyed by thugs. ... It is idiotic to think that by destroying your city that you're going to make life better for anybody." Baltimore Mayor Stephanie Rawlings-Blake

UT * MAKING A DIFFERENCE

Couple is changing lives of former foster children



PAM KRAGEN

For more than 12 years, Brad and Susanne Livingston have opened their wallets to support Southern California foster care programs. But when it came to helping former foster child Beronica Radford, they also invested their time, business and hearts.

When Radford's financial safety net became strained four years ago, the Livingstons gave her a job at their Carmel Valley finance company and they covered all of the tuition and other expenses during her final semester of college. Today, Radford is married and a new mom, and she con-

SEE **DIFFERENCE** • A10

EX-POW TO DINE WITH JAPANESE LEADER

After much soul-searching, Bataan Death March survivor accepts invitation in D.C.



Carlsbad resident Lester Tenney endured the Bataan Death March and more than three years as a POW during World War II. K.C. ALFRED • U-T

PETER ROWE • U-T

On Wednesday, Carlsbad's Lester Tenney and Japanese Prime Minister Shinzo Abe will dine together.

This could be awkward. "I have no idea why I was invited," Tenney said.

At the very least, these two make an odd dining couple. Abe, 60, is a hawkish politician who has minimized Japan's World War II atrocities. Tenney is an expert on that subject, as a 94-year-old survivor of the

Bataan Death March and more than three years as a POW.

Yet the Japanese Embassy in Washington, D.C., has invited Tenney and his wife, Betty, to join Abe and 200 dignitaries for a gala dinner outside the Smithsonian Institution's Freer Gallery of Art.

Tenney accepted, but not without some soul-searching.

"Abe wants to use this as a showcase, look at how

SEE **TENNEY** • A7

COMING TOMORROW

Love and care go into making moles, Mexico's saucy entree. **Food**

TODAY'S DEAL



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