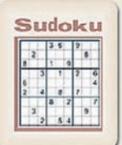
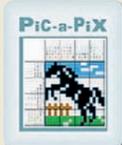




SEEN Did our photographer catch you at the Nederland Heritage Festival's last day? BeaumontEnterprise.com/seen



Beat those Monday morning blahs

FUN & GAMES Start your week with a chuckle or a puzzle or both if you're game: BeaumontEnterprise.com/comics and BeaumontEnterprise.com/puzzles



SEEN Did we catch you at the Second Sunday concert and exhibit opening at the Texas Artists Museum? BeaumontEnterprise.com/seen



Lady Cardinals' postseason

BLOG Who will Lamar University face in its opening game of the Women's National Invitational Tournament? Check online tonight for updates on the WNIT field: BeaumontEnterprise.com/inthecards

MORE
 ■ LU's chances for first-round home game in WNIT are high: **2B**
 ■ Men's bracket for the 2011 NCAA tourney: **3B**

Can you **clean and disinfect your house** with herbs and spices? **2A**

NCAA tourney selections are ridiculed by some observers, **1B**

How do you tell the difference between **allergies and colds**? **Below**

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75 Cents

Dead man dining



Condemned inmates don't bother to count calories in last repast

By **Sonja Garza**
 SGarza@BeaumontEnterprise.com
 (409) 880-0747

If you had one last chance to eat a satisfying meal, what would be on your plate?
 The choices of condemned inmates in Texas run the gamut — from borderline gluttony to the philosophical. One extreme request was for "12 beef ribs, three enchiladas, chicken fried steak with cream gravy, crisp bacon sandwich, ketchup, a loaf of bread, cobbler, three Cokes, three root beers, french fries and onion rings." A more

LAST MEALS, page 3A

Nuke crisis deepens



Wally Santana/The Associated Press

Residents evacuated from areas surrounding the Fukushima nuclear facilities damaged in Friday's massive earthquake are checked for radiation contamination Sunday in Koriyama city, Fukushima prefecture, Japan. **For more on the crisis in Japan, see page 5A.**

Texas had heckuva 150th birthday bash

Sesquicentennial sexier than lackluster 175th

SOUTHEAST TEXAS TALES

By **Mike D. Smith**
 MDSmith@BeaumontEnterprise.com
 (409) 880-0753

Happy dodransbicentennial, Texas!
 There's probably no way to work that into a fancy logo for stickers, flags or buttons. There isn't even agreement if that's what a 175th birthday is called.
 But there's a noun for 150 years, and 25 years ago that seven-syllable word entered the vocabulary of every Texan from grade school to retirement.

BIRTHDAY, page 7A



File photo by The Associated Press

Then-Vice President George Bush holds a Winchester rifle presented to him by Texas Sesquicentennial Wagon Train Association President Charles Oliver in a meeting at the White House in 1986.

Sniffle! Sneeze! Cough!

Is it a cold or allergies? At this time of year, ills mimic each other

By **Sarah Moore**
 SCMoore@BeaumontEnterprise.com
 (409) 880-0730

Contrary to popular opinion, and despite yearly bumper crops of pollen and mold, not everyone in Southeast Texas suffers from allergies.
 Sometimes it's just a cold, doctors say.
 But around this time of year, when cold and flu season overlaps with spring tree pollen season, it can be hard to tell the difference. Mold also proliferates in the warm, humid days of early spring.
 So if your head's all stuffed up, your nose is running and you're sneezing, you might have

SYMPTOMS, page 3A

Check your symptoms

How do you tell if you have a cold or allergies?

Colds

- Last 3 to 14 days.
- Happen most often in the winter, but possible at any time.
- Symptoms take a few days to appear after infection with the virus and could include: Cough, aches, fatigue, fever, sore throat, runny or stuffy nose, yellow or greenish mucus.

Allergies

- Last days to months — as long as you are exposed to the allergen
- Happen any time of the year, though some allergens are seasonal.
- Symptoms can begin immediately after exposure to the allergen and could include: Cough, possible fatigue, itchy or watery eyes, possible sore throat, clear mucus.

Source: WebMD website



Photo: stock.xchng

Accomplishments worth celebrating: 4A

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 Comics 5B
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Opinions 6A
 Pause to Pray 6B
 Puzzles 6B
 TV/Movies 7B

Weather

73/50 Scattered thunderstorms



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