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NEW POPE OLD SCHOOL

The 78-year-old German described himself as a 'simple, humble worker in the vineyard of the Lord' after being elected on the fourth ballot.

Knight Ridder/Tribune

VATICAN CITY — Cardinal Joseph Ratzinger of Germany, a strict doctrinal conservative who believes the church should fiercely resist the pressures of secularism, emerged from St. Peter's Basilica on Tuesday as Pope Benedict XVI.

"Dear brothers and sisters, after the great Pope John Paul II, the cardinals have elected me — a simple, humble worker in the vineyard of the Lord," the 78-year-old pontiff said in Italian to a buoyant international crowd of tens of thousands in St. Peter's Square.

Thousands cheered, and chants of "Benedicto," went up, but the jubilant frenzy seemed to fade a bit as the white-haired German emerged onto the balcony in a luminous white robe covered by an ornate embroidered sash.

Ratzinger seemed a surprising pick despite accurate pre-conclave speculation. Until about six months ago, conventional wisdom dictated that he was too polarizing a figure to be elected pope.

Vatican expert John Allen, who in 2002 wrote an oft-consulted book on the papal election process, didn't include Ratzinger among his top 20 candidates, even though he had written a biography of the German prelate some years before.

Ratzinger was elected on the fourth ballot.

See **POPE, 6**

Associated Press

MORE INSIDE

Local reaction

"I think people, including myself, are surprised it happened so quickly," said Monsignor Thomas Miller, pastor of St. Andrew's Catholic Church in Roanoke.

Page 6



Who is Joseph Ratzinger?

The cardinals have chosen not only one of the most theologically conservative among their ranks, but also a brilliant German-born theologian whose worldview was shaped by Europe.

Page 6

World reaction

Latin Americans were disappointed that one of their own was not elected pope.

Page 7



Man mourns loss of neighbors

Deputies said they think a Christiansburg man shot his wife in the head and then turned the gun on himself.

By Joe Eaton

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CHRISTIANSBURG — Bill Henderson didn't hear the gunshots.

The 72-year-old was chasing a woodchuck in his backyard Tuesday morning when

his neighbor Lois Basham, who is legally blind, telephoned. She had been listening to her scanner and heard police say that someone had been shot across the street.

Henderson walked out to his front porch and saw a Montgomery County Sheriff's Office car parked by the one-story white house where his best friend, Leonard Early Mabry, 80, lived with his 79-year-old wife, Hazel Ellen Mabry.

The friend he had grown old with was gone.

Deputies said they think Leonard Mabry shot his wife

in the head as she lay in her bed and then turned the gun on himself. Both had long suffered from a variety of debilitating illnesses. A home health worker found the bodies when she arrived at the house about 11 a.m., deputies said.

"I reckon he stood all he could take," Henderson said Tuesday afternoon as he sat rocking on a wooden chair on his porch and watching deputies wait for a hearse to retrieve the bodies.

Henderson said the deaths are nothing short of a tragedy.

See **NEIGHBORS, 11**



GENE DALTON | The Roanoke Times

Bill Henderson sits on his porch Tuesday after learning about the deaths of his best friend, Leonard Mabry, and his wife, Hazel Mabry.

Academy faces religious complaints

Critics say endorsement of Christianity by high-ranking staff has contributed to a climate of fear.

Associated Press

AIR FORCE ACADEMY, Colo. — Less than two years after it was plunged into a rape scandal, the Air Force Academy is scrambling to address complaints that evangelical Christians wield so much influence at the school that anti-Semitism and other forms of religious harassment have become pervasive.

There have been 55 complaints of religious discrimination at the academy in the past four years, including cases in which a Jewish cadet was told the Holocaust was revenge for the death of Jesus and another was called a Christ killer by a fellow cadet.

The 4,300-student school recently started requiring staff members and cadets to take a 50-minute religious-tolerance class.

"There are things that have happened that have been



Associated Press

Lt. Col. Ryan Haaland, a physics professor, addresses a class on religious tolerance at the Air Force Academy last week. Staff members and cadets are now required to take the class.

inappropriate. And they have been addressed and resolved," said Col. Michael Whittington, the academy's chief chaplain.

More than 90 percent of the cadets identify themselves as Christian. A cadet survey in 2003 found that half had heard religious slurs and jokes, and that many non-Christians believed Christians get special treatment.

"There were people walking up to someone, and basically they would get in a

See **ACADEMY, 10**

U.S. food pyramids rebuilt, multiplied for diverse needs

Los Angeles Times

The federal government released its new symbol of national nutrition Tuesday, morphing the familiar food pyramid into 12 separate pyramids to reflect the nation's diverse lifestyles and nutritional needs.

Replacing the venerable icon that has graced the walls of school classrooms and hospital cafeterias for 15 years, the new version requires a computer to help the consumer pick out which of the 12 versions is right for them.

Roanoke Valley health professionals weren't surprised

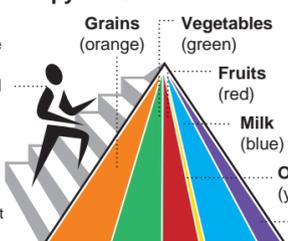
See **PYRAMIDS, 10**

Food pyramid gets a new look

The U.S. Department of Agriculture unveiled a new version of the food guide pyramid on Tuesday, adding a colorful reminder to make healthy food choices and increase physical activity.

Anatomy of the pyramid

Figure represents the importance of daily physical activity



SOURCE: U.S. Department of Agriculture

Colors represent food groups and oils. Widths of the bands offer a general guide to portions.

Associated Press



Today's weather

Roanoke 79 56
HIGH LOW
New River 77 53
HIGH LOW

Details: Virginia 10



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AFTERNOON UPDATES: Get a jump on tomorrow's news this afternoon with a news e-mailing.

5

WORLD The Iraqi National Assembly wants the U.S. to apologize for allegedly mistreating a member.

8

Inside this section

NATION Mourners gather on the 10th anniversary of the Oklahoma City bombing.

9

POLITICS A Senate committee vote on John Bolton's nomination as U.N. ambassador is delayed.