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High school, adult rec events resume this month

By Mitch Stephens and Mallory Moench

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High-contact sports, many of which are likely to be played unmasked, can restart in counties with a case rate at or below 14 per 100,000 people; all Bay Area counties except Contra Costa and Santa Clara now meet that threshold.

Weekly testing will be required for football, rugby and water polo players older than 15.

Oakley school board resigns amid outrage

By Michael Williams and Lauren Hernandez

The entire school board for the Oakley Union Elementary School District abruptly resigned Friday, two days after members were caught on an open microphone disparaging parents and using profane language at the start of a virtual board meeting.

The loss of the school board in the Contra Costa County city prompted the county’s Board of Education to immediately appoint two of its members to temporarily oversee the district. A third appointee is pending. The temporary board will be in place until new school board members are elected or appointed, said school district Superintendent Greg Breckinridge.

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But the school board’s abrupt resignations across the Bay Area amid the ongoing coronavirus pandemic are another reminder of the deep divisions that have played out over the contentious topic and the hard choices that will continue to be made as the pandemic fades.

As of Friday, the nine Bay Area school districts with the most cases of the highly contagious omicron variant were all in the rural counties of the North Coast and Delta, raising concerns about the potential for a surge and the potential impact on in-person instruction.

Laguna Honda resident Bernadette Yee, whose son lives at Laguna Honda, San Francisco’s largest skilled nursing facility, said her sister used to visit every day but for months has only been able to get massages that help her partially paralyzed on her left side. December 2019 stroke five years ago that left her partially paralyzed on her left side. December 2019 stroke five years ago that left her partially paralyzed on her left side.

“Whole hospital felt relief”

COVID cases plummet at nursing facilities

By Catherine Ho

The coronavirus pandemic has been hard on Bernadette Yee, who lives at Laguna Honda, San Francisco’s largest skilled nursing facility. Her sister used to visit every day, but for months they’ve spoken only by FaceTime or WhatsApp. Yee, 65, has yet to meet one of her grand-nieces, who was born last May. She stays in her room for meals and hasn’t been able to leave the facility to get massages that help her manage muscle stiffness from sitting in a wheelchair most of the day — the result of a stroke five years ago that left her partially paralyzed on her left side.

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